



## Carinya School

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### **A message from the principal's desk:**

Dear Parents, Carers, Staff, Students and supporters of Carinya School I would like to thank you all for your commitment to increasing the engagement of our students as they continue on their journey to achieve their personal best through engaged active learning.

It has been a pleasure to see students develop their social, emotional and academic potential as the term has progressed.

This term we have launched a mentoring program that will also be linked in to the Café. A small number of students have the opportunity to develop their skills in managing their strong emotions and set specific goals for success in the school. We look forward to continuing this initiative as the year progresses.

Café update- after clearing many obstacles and hurdles we now have an operational coffee and will be inviting you to the opening early next term. A big thank you to the parents, Lions Club, and staff that have persisted with this initiative.

A huge thank you to the staff who gave up their time to make the Camp such a great success. A special thanks to Mel, Steve and Wendy the programming of activities and the support of students was exceptional.

Thank you very much for your participation in the annual reviews that took place this term. It was great to hear from parents, carers and staff as they evaluated and celebrated the progress of the students. I would request that you continue your partnerships with our staff as we work together to improve the outcomes of your children.

Professional Development Update- all our staff have been participating in a departmental course on managing behaviour. This course has been supported by Mel and Educational Service staff. The content has been researched based and most relevant. I look forward to the positive impact it will have on our teaching practices.

We wish Mitchell well as he continues his recovery and thank Christina who has been leading the teaching in class 6 in Mitchell's absence. For the first three weeks on next Term Mel will be leading the class as Christina will be on leave.

A big welcome to new students; Allan, Nicholas and Gil who enrolled in the school this term and a big farewell to JP and Jack as they enrol in new schools next term. We wish them success and luck.

Finally I would like to wish you well for the break and ask that you join me in thanking all of the Carinya staff for their efforts, care and professionalism in their support of your children this term.

Craig Cleaver

# SPORTS REPORT

## School Camp

On Monday 5<sup>th</sup> and Tuesday 6<sup>th</sup> of September, 11 senior students went on an overnight camp to the Department of Education Environmental Education Centre at Oakdale. Wooglemai sits on the edge of the World Heritage listed Greater Blue Mountains National Park and takes its name from a Gundungurra man, Wooglemai, who appears in the 1802 diaries of the explorer Francis Barrallier. The area forms part of the catchment for Lake Burragorang (Warragamba Dam). It is a beautiful area with 2 bunkhouses, a meeting area with kitchen/dining area and an outdoor classroom all surrounded by bush and playing fields.

The students participated in Initiatives Games, Archery, Canoeing, Night Bushwalking, Camp fire, Bike Riding and the High Ropes Course. The Camp is an opportunity for students to experience new activities, spend some time together in a new environment and get up close to the Aussie bush. The teachers and students all had an amazing time and special thanks to Carinya staff for organising our camp.

Our School camp for next year is booked in once again for the first Monday and Tuesday in September.

## Sporting Schools Funding

Our school has qualified for Sporting School Funding again this term and we have been able to provide some highly qualified coaches to develop the skills of our students.

**Basketball NSW.** Vanessa has been training our students on Tuesday afternoons for sport and has kept us very busy learning great drills up and down the basketball court. We have some keen players and a special mention must go to Jack Cruise Greenwood for his amazing long range shots.

## Student Wellbeing

Our focus for Student Wellbeing in class this term has been *Courage* and students have joined in a wide range of interactive lessons to help them understand and develop their own and others' courage at school and at home. *Courage to try, courage to stand up for yourself, courage to fail*, are all topics students have learned about in class. They have even designed their own courage posters! Our assemblies have kept students interested by video clips, scenarios and quizzes. Next term we will continue to explore *Resilience* and *Growth Mindset*.



Congratulations to all those students who have earned Assembly awards, playground raffle tickets, canteen vouchers, bonus points and class group rewards for following the school rules: Respect, Learning, Safety, Following Instructions and Staying in Bounds. When we all follow the rules we create a happy and safe environment for everyone.

Thanks to all those students who continue to follow the school rules on the taxi and while travelling independently. Our students on taxi often spend long hours together and it is great to see their patience and respectful behaviour towards each other, their drivers and escorts. Likewise, students who travel on public transport are also acknowledged for the respect they show for each other, members of the community and public property.

Remember to follow the school rules when travelling at all times. **Sports Carnival**

What a great day we all had together on Tuesday's Sports Carnival! The sun was shining, students were smiling and everyone gave their best effort (see photos). Congratulations to **England, USA, China, New Zealand, Italy and Australia!** Best Dressed Class Award went to New Zealand for their all black attire and their Hakka! Best Class performance went to Class 4-China-a great effort from all students. Encouragement Runner Up to Ren Wiggins and Encouragement Award to Patrick Aad-both boys tried their best at every event. Best Performance Junior Runner up went to Bailey Harkin, Best Performance Junior to Shion Tang; Best Performance Senior Runner Up to Rory McCann and Best Performance Senior to Jack Cruise Greenwood. These boys not only showed their sporting ability, but sportsmanship and encouragement of others. Well done to everyone and thanks to all the parents, carers and friends who helped to make the carnival a special day.

The Sports Committee

## Class 4

Class 4 had another fantastic term. Over and above our academic work we took part in many other extra curriculum activities. Class 4 always enjoy our Community Access outings. For sports we continued our morning fitness as part of our PDHPE program. We also went bowling and played basketball. Some of us also attended soccer coaching sessions run by a professional soccer coach. We participated in art and craft activities during the NAIDOC celebrations. Our term ended in class 4 being declared winners at our Sports Carnival.

Well done Class 4



In Class 9 this term we have done lots of fun things. On Tuesday I have been going to Community Access to Mortdale. At lunch I love to play with Ren.

My favourite activities are cooking and making paper airplanes in craft and construction.

I will miss everyone at Carinya.

Jack

## STEP program @ Carinya

Throughout Term 2 & 3 NOVA employment attended Carinya school and delivered the STEP program to some of our students. NOVA delivers the School to Employment Program (STEP), which provides a free in school program to students with disabilities in a large number of schools across Sydney. This program aids student transition from school to post-school, pre-employment training such as our Disability Employment Service and our Transition to Work program. The students were provided with opportunities to investigate and develop their understanding of the 'working world'. Content covered included: Effective communication, Time Management, Personal Appearance and Dress Codes, Laws and Legislations, Resume writing, interviewing skills, identification of individual skill sets and job matching, career paths, study and education and goal setting.

NOVA is a supported employment program that placement support. We find jobs in the general community, at award wage. NOVA works exclusively with people who have a disability or significant barriers to work and have an excellent record of success and meaningful career development.

The students were extremely fortunate to have Helen from NOVA attend once a week to deliver the content. The lessons were engaging and of great benefit to all students involved.

On Tuesday 23<sup>rd</sup> August 2016 Carinya staff, students and families were invited to attend the graduation ceremony at the NOVA Hurstville office. It was a most enjoyable day where presentations, award ceremonies, lucky door prizes and activities involved all

Congratulations to the following students who graduated from the STEP program:

Jess Glanville, Jay Peihopa, Michael Puglia & Ivan Tran.



### 2016 Camp

I liked camp because we got to do archery and we got to go kayaking. We had some team work games. We made our food (tacos) and we had a bonfire.

Before we went to bed we had hot chocolate. We loved the combustion fire, bike riding and the night bushwalk.

Alex





## Newsletter for Food Technology Term 3

Throughout Term 3 all students at Carinya School have participated in Food Technology lessons. These lessons have comprised of both theory and practical sessions. Students have been focusing on Healthy Habits & Eating Well. In the practical component, students have focused on making and consuming foods from the Healthy Eating Pyramid.

**Mini Carrot Cakes**

**Supersized Cranberry & Chia Cookies**

**Roasted Vegetable Frittata**

**Kofta with Tabbouli**

**Classic Quiche**

**Fruit & Custard**

**Salad Sandwiches**



These are a small example of many dishes the stud

Students in 'Café Cooking' during Friday activities |  
Café de Carinya which will occur in Term 4. There is  
early Term 4 for parents regarding the Morning te

**Mini Apple Pies/Custard**

**Enchiladas**

**Special Fried Rice & Satay Chicken**

**Penne Boscioala**

**Famous Carinya Burgers**

**Mini Apple Pies/Custard**



Term 3 has been a fun and exciting Term in the kitchen and we are looking forward to cooking many more tasty dishes throughout Term 4 and the opening of Café de Carinya.









