



# Carinya School

Coleborne Avenue Mortdale. Phone: 9580 2852 Fax: 95807054



A message from the principal's desk:



## How Can I Help My Child Succeed in School?



1. Read to or with your child every night.
2. Help your child with his/her homework every night.
3. Do not talk negatively about your child's teachers or about school.
4. Make sure your child is getting plenty of sleep and is ready for school each day.
5. Teach your child to be responsible for their actions and their school work.
6. Stay involved and feel free to contact your child's teacher with any questions or concerns.
7. Ask your child about school everyday and encourage them to discuss the day.

★ "Books may well be the only true magic." ★  
Alice Hoffman

Stay safe over the holiday break.

*Janelle Radke*

### Mother's Day Stall

We hope that all our mums, grandmothers, carers and all the special people who are part of our students' lives were able to enjoy the beautiful weather and celebrations for Mother's Day and were delighted with their gift from our stall.

Thank you to all our staff for their time and handiwork in sourcing, wrapping and selling these treasures.



### Dates to remember:

- Term 3 begins: Tuesday 15 July
- NAIDOC DAY: Friday 18/7/2014
- Sports Carnival : Week 8

## Want to know if your child should be fitter, healthier and happier?

BMI-for-age charts are a way to determine if your child is within the healthy weight range for their age.

Scan the QR code below to check how healthy your child is, or visit [www.go4fun.com.au](http://www.go4fun.com.au) and follow the links to the BMI Calculator

Download a free QR code app to your smart phone and scan the code to go straight to the website



**Go4Fun**

Healthy • Active • Happy • Kids

Go4Fun is a **FREE** healthy lifestyle program to improve health, fitness, self-esteem and confidence in children above their ideal weight.

**Register now!** Call the Linda Trotter (Local Go4Fun Coordinator) on **9382 8641**

## Anzac Day Service

How proud the staff was of the school's Anzac Day Service which was held in the courtyard of the school.

Our gathering was very special and credit must go to the many students who contributed with the presentation of the service - Khristian, Emilio, Nathan and Hayden.



Mr Devan Manickum coordinated the service and is to be congratulated on an outstanding effort.

## Art

Over the term we have framed and hung some specially selected art from our students, they look fabulous and next time you are in the office area you may like to see whose art has been chosen. The artworks will change throughout the year.



## Seasons For Growth

An eight week program for Children aged 6 to 12 years that have experienced grief and loss in their lives due to a significant change - such as death, separation of parents or change in location.

When: Wednesday afternoons 16<sup>th</sup> of July and 3<sup>rd</sup> of Sept

Time: 4pm to 5pm

Venue: Interrelate Family Centre  
383 Port Hacking Road  
south Caringbah

Cost: \$50 per child

*The program is held in small groups and assists young people to:*

- Understand and talk about the normal range of emotions experienced during major change, grief and loss.
- Build positive relationships with family and friends.
- Participate in a caring and confidential network of peers and adults.
- Explore the skills needed for resiliency.
- Revise current beliefs and plan for a realistic and hope-filled future.

**Limited places apply, to reserve your spot please phone** **Interrelate Family**

**Centre**

**8522 4450**



www.interrelate.org.au  
1300 736 966

## EXCURSION TO WOOGLEMAI ENVIRONMENTAL EDUCATION CENTRE

On Tuesday May 13 a group of selected students from Carinya School were chosen to participate in a High Ropes Course at Wooglemai Environmental Education Centre at Oakdale.

We travelled by private car and it took us over an hour to get there.

When we arrived at Wooglemai, an instructor sat us down and showed us how to use the safety equipment. This took about half an hour. All the students eventually had a go at the high ropes, including the teachers. We took on lots of challenging activities and we had to look out for one another at the same time.

On the way back to school, to pass the time, we played car cricket. It was a fun day and we hope we go again next year.

Students in Class 1.



# Our School Rules

1. Follow Instructions



2. Be Safe



3. Respect Yourself, Others  
and Our School



4. Stay In Bounds



5. Focus on learning



This term our focus has been on Respecting Ourselves, Others and our School, specifically speaking appropriately. We have completed lessons on choosing kind words and actions instead of swearing and being inappropriate. All staff have been vigilant in rewarding positive behaviour both in class and on the playground, with extra bonus points for making respectful choices and consequences if not. We have also played the Hot Chip Challenge! Classes were asked to speak respectfully all day-no swearing or inappropriate talk-to move along the game board. Every class that made it to square 25 earned a Hot Chip lunch on the last day. Well done for trying hard everyone! A reminder to all students to keep following the school rules and have a happy holiday!

The PBS Committee

## Maths & Science Fun Day

The weather was kind to us as it was a beautiful day for our maths and science day.

The day provided a terrific variety of special experiments to celebrate and highlight the wonders of maths and science.

It was certainly awesome to stick a skewer through a balloon and not break it!!! Sculptured figures and buildings made from newspaper made for lots of fun. These were just two of the many experiments our students participated in.

"WHY IS IT SO"



# SPORT



## Sport

This term in sport we have been challenging ourselves with new activities and playing some old favourites. In school sports students had fun playing indoor hockey, dodge ball, parachute games, soccer and many other sports. Bowling continues to be a fun outing for students each Tuesday and it has been wonderful to see improvements in skills and sportsmanship as everyone tries their best and encourages each other.

Selected students also visited the Environmental Education Centre at Wooglemai to do the high ropes course. Students (and staff) learnt to face their fears and take themselves out of their comfort zones! Everyone finished and we were quite proud of our achievements. The instructors were also very impressed with our students and commended them on their attentiveness, politeness and their ability to follow instructions. Congratulations to everyone who went along.

Next term in sport our school Boccia team will be competing in the Regional Boccia Knockout at Georges River College. Under the watchful eye of team captain Hayden Alexander, students have been having weekly practice to fine tune their skills. Good luck to the team!

Next term we will also be concentrating on in-school sports activities as we prepare for our sports carnival in Week 8. As always, students participate in a round-robin of fun games, with parents and carers invited to attend. We will provide more details next term.

Lastly, congratulations to all winners of our School Sports awards. Your behaviour at all times was an example to other students. Well done!

The Sports Committee

## News from Food Technology

Soccer World Cup fever has taken hold in the Food Technology room in the latter part of Term 2. Carinya students have been fine tuning their culinary skills by whipping up 'World Cup Wedges' and 'Spicy Rio Wedges' to celebrate all things Brazilian.

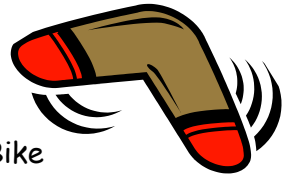
With the Commonwealth Games, to be held in Glasgow Scotland looming as the next big event on the world sporting calendar, students have been showing their support for our Australian athletes by making 'Popcorn Torches' in green and gold.

From soccer to the Commonwealth Games Food Technology has got it covered.

Aussie..Aussie..Aussie.....  
Good luck to all our athletes in all sporting arenas.

Ms Kathreen Wilson

## Visual Arts Update

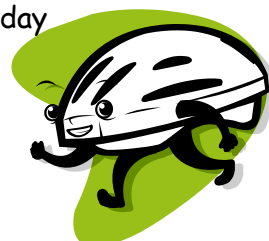


From 'Boomerangs to Bike Helmets' - the creative juices have been flowing in Visual and Creative Arts again this Term. The student's bike helmet designs involved aspects of bike safety together with being original, colourful and appealing. Entries have now been submitted for the 'Bicycle NSW Artworks Design Competition'.

Thank you and GOOD LUCK to all students who participated.

Best wishes for the holiday break.

Ms Kathreen Wilson



# GET SPORTY



**Soccer World Cup Brazil  
12 June to 13 July 2014**

**World Cup Wedges -**

Fill paper cups with baked sweet potato wedges. Serve with sour cream, sauce or salsa



**Commonwealth Games  
Glasgow - 23 July to  
3 August 2014**

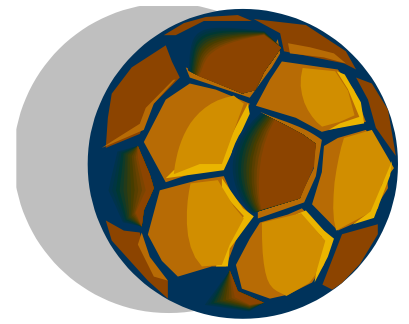
**Popcorn Torches -**

Fold sheets of paper into cones secure with some sticky tape and fill with popcorn.

# Wooglemai High Ropes Course



# Sport Word Search



L T N I R P S O B T N J C M Z E E Y  
Y L Q J G O L F Y A O J O K A S N U  
N K A G M Y U Q X G L B M Q O E R H  
S W Q B S M P P G N H L P L U N T J  
X W N V E L Y I V S L J E T X M U A  
O G I G N S N N U R Q L T W V U D G  
U T W M M G A A R T N L I P I L O T  
P Y N P M Y L B S H I C T D M N F G  
Y B G U R I K G H R B E I R Z U C C  
E C A R N E N Y H O F Q O E W A J S  
E T A R A K S G Q W T P N P T M Y I  
T A B E Z O L Y M P I C S C C Y F N  
L L A B T E K S A B I C H V H Q O M

BALL  
BAT  
GOLF  
KARATE  
RACE  
SPRINT  
THROW

BASEBALL  
CATCH  
JOGGING  
LOSE  
RUGBY  
SWIMMING  
WIN

BASKETBALL  
COMPETITION  
JUMP  
OLYMPICS  
RUN  
TEAM