



## Carinya School

Coleborne Avenue Mortdale. Phone: 9580 2852 Fax: 95807054



### A message from the principal's desk:

Term 3 has been a very busy term. New students have arrived and the school now has 55 students attending. Teaching and learning continue to be the focus and all staff are working very hard to engage everyone in learning. On Tuesday 16<sup>th</sup> September we held our annual sports carnival. It was a huge success and all the participants had an enjoyable time. Thank you to all the parents and carers who came along to encourage their children.

I hope everyone has a safe break and I look forward to seeing you all in Term 4.

*Janelle Radke*

### Dates to remember:

Students return on Tuesday 7<sup>th</sup> October.

Carinya Presentation Day -  
Tuesday 16<sup>th</sup> December

Students finish on Wednesday 17<sup>th</sup> December

### Focussing on our Senior Abilities

Our senior school students in class 1 were fortunate to participate in an eight week programme run by Nova at school which is designed to prepare young school leavers for the world of open employment. It specifically looks at what is involved in the following areas

- Career identification
- Reasons to find a job
- Setting and reaching your goals
- Resume
- Job seeking
- Overcoming barriers
- Self esteem
- Personal presentation
- Interview techniques
- Things you should know when starting your new job

On completion of the course the students went to Nova at Hurstville to attend a graduation ceremony and receive their certificates. Congratulations to Byron, Daniel, Emilio, Brandon, Kane and Robert.





Linking people  
with disability  
to their local  
communities



Contact us: 02 8799 6700

## About Ability Links NSW

Ability Links NSW aims to assist people with disability to be valued and equal members of their communities and to help build a society where people with disability enjoy inclusive lives in all spheres: community, public, private and social.

Ability Links NSW is the NSW approach to local area coordination. It is about building a person's informal networks to support them to achieve their goals and have their needs and interests met within their local communities. It is also about promoting community inclusion and participation for people with disability, so that people with disability are able to access and actively participate in the activities available to the general community.

## Is Ability Links NSW for me?

Ability Links NSW is for:

people with disability (9-64 years and who are generally not accessing specialist disability services)  
carers and families of people with disability  
the community.

Ability Links NSW coordinators, known as Linkers, work with people with disability, their families and carers to plan for their future, and help people become more confident, supporting them to achieve their goals and access support and services in their communities.

Linkers also work alongside communities and mainstream services, supporting them to become more welcoming and inclusive.

## What Linkers do

Linkers have a strong local knowledge of mainstream and community based supports and services in your community.

Linkers can assist you to:

- set goals and plan for your future
- build your confidence to achieve your goals
- develop your existing support networks and create new networks
- look at ways you can participate in and be part of your community.



# Tolerance and Respect

In Terms 3 and 4 we are focusing on **Tolerance and Respect**, with all students participating in demonstrations and quizzes at assembly and lessons in class. Tolerance means accepting other people's differences. Some people may come from another country to us. They may look different to us or say things that we might not agree with, but that's OK. It also means that they may like doing different things too. Being tolerant means being respectful and not giving in to teasing or bullying. It means making space for other people in our classes and playgrounds who we may not agree with, but we need to get along with.

Congratulations to those students who have earned Good Behaviour Letters, class awards, sports awards, playground raffles and taxi awards this term. Keep following the school rules and enjoy the holiday break!

The PBS committee

## SPORT



Our sports carnival went ahead this year despite threats of thunderstorms and we were lucky to enjoy some beautiful sunshine in the middle of the day. Class teams competing this year were: Class 2-The Footy Misfits, Class 3-The Kings, Class 4-The Sporting Pilots, Class 6-The Masked Crusaders, Class 7-The Smarties, Class 8-The Afros and Class 9-The Fantastic 9.

Congratulations to **The Sporting Pilots** (Best Dressed Class), **The Footy Misfits** (Best Overall Class Performance), **Jared Prosser** (Junior Sportsperson of the Year) and **Kelvin Su** (Senior Sportsperson of the Year). Congratulations also to **all competitors** as the level of sportsmanship this year was so high, teachers decided to award an encouragement award to **every student! Well done everyone.**

Thanks must go to Miss Kathreen, Tony, Byron and Tyler for their massive effort cooking and serving our BBQ lunch. It was delicious and much appreciated.

## NB9 Football Clinic



Also this term, Nick from NB9 Football Clinic visited us and gave Class 6 and other selected students a free 1 hour soccer coaching session. Students were thrilled to see the blow up goals and participate in all of Nick's challenging drills. Everyone had fun and didn't want the session to end! A big thankyou to Nick and all the students for your fantastic effort.

## Year 8 and 9 School Camp

On Monday and Tuesday in Week 9 students from Years 8 and 9 travelled to Wooglemai Environmental Education Centre at Oakdale for our overnight camp. Everyone was super excited on the bus trip. When we arrived we claimed our bunks and had morning tea. Peter arrived to take us on a bus walk, which turned out to be more of a treasure hunt, with lots of clues hidden along the way and interesting facts to learn about Wooglemai. We even tasted some Aboriginal bush tucker. Peter let us eat grass, bush tomatoes, wattle seeds and the sap from trees. He said that sap was good for tooth ache, but it tasted terrible!

After the bushwalk we had lunch then we went to the archery range. Frank told us about being safe and how to use the bows

and arrows. It was hard to aim straight, but after a while everyone got the hang of it. There were even some bullseyes and some balloon shooting. We tried throwing boomerangs too, but that was harder than ever!

Bike riding was next, along the bush bike track. We all had fun racing each other and I think the teachers secretly wanted to tire us out.

For dinner we had tacos and ice cream cones with sprinkles. Some of us had to help with cooking, some helped with setting and clearing tables and some helped to get the bonfire ready. After dinner we played games





## Athletics Carnival

### Camp

Year 8 and 9 went to Woogelmai Education Centre for a camp on the 8<sup>th</sup> and 9<sup>th</sup> of September 2014. We got there by bus and we were greeted by Peter and then we settled into our cabins. Our first activity was a discovery bush walk where we tried some "bush tucker". After lunch we tried out our archery skills and some of us were able to pop balloons with our shots.

For dinner we had tacos with a cordial drink. After dinner we had an ice-cream cone. There was a fireplace inside so we lit a fire. After dinner, we played trivia and went on a night walk. We had a bonfire where we told scary stories and were entertained by bucket drumming and JP playing the guitar and singing. We toasted marshmallows. We had hot chocolate and then it was time for bed. I was just about to drop off to sleep when I was rudely awakened by a midnight shower!!!!

In the morning we woke up to some early morning fog, but that didn't stop us from having breakfast and checking out the fire pit, to our surprise it was still going.

Our next activity was the high ropes course after that we went bike riding.

Pack-up time, farewell to the staff who were at the camp, back on the bus and home.

"Cooee"

Our Athletics Carnival was an outstanding success last Tuesday with so many of our students taking home ribbons for their achievements. Great sportsmanship, enjoyment and enthusiasm was evident.

Congratulations to the staff for their excellent organisation and to the 'kitchen crew' for a delicious barbie.

Junior Sportsperson Jarred

Senior Sportsperson Kelvin

Many thanks also to members of our community for sharing this day with us.



### Our trip to Penshurst

On Wednesday Class 9 caught the train to Penshurst. We all went to Mortdale and bought our tickets. We were really excited to catch the train some went to the top level and some went to the bottom level of the train. We were all disappointed that it was only one stop and wanted to go further.

We went to the war memorial to have recess. While we were there we looked at the different parts of the war memorial and read the plaques. Then we did our weekly shopping at Penshurst IGA we were a little lost in the new supermarket but found what we wanted.

We then bought lunch at the chicken or pie shop. We then enjoyed eating our lunch. When we went to catch the train back there were four trains that went through without stopping. We were a bit confused.

We all enjoyed the day and look forward to going further next time.

By Samuel Wong

Hi my name is Abai and I am in class 8.

I was born in Atlanta Georgia in the USA. I have travelled around a bit with my mum while she worked in Los Angeles, Hollywood and a short trip to Mexico.

Mum is Australian and she wanted to come back home to work and to see her brother, her niece and her mum and dad. I like living here and I came here when I was 6. I would like to be an actor when I finish school.

Abai

My name is Andrew and I went to camp. This was my first camping trip. It was great. The best thing was the camp fire. We listened to songs, told scary stories and we ate marshmallows. I tried archery and my favourite thing was bushwalking.

Andrew



## Food Technology

A wonderful term was had by all classes. Lots of winter warming dishes have been cooked up and shared in the Food Technology Room and the students yet again stepped up to the plate to display their ever growing culinary skills.

Now that spring has sprung students will be able to enjoy the extensive variety of fresh produce that we in Australia are so lucky to enjoy.

Let us all remember to encourage our young people to eat fresh fruit and vegetables and to drink plenty of water.





