



Carinya Colebourne Avenue Mortdale. Phone: 9580 2852 Fax: 95807054



A message from the Principal's desk:

Welcome to Term 4. Sadly we farewelled Dan Parkinson, teacher of Class 9 but welcomed Chris Sinton to Carinya School. Currently the school is full to capacity, with 49 students in 7 classes. Towards the end of term, staff will be discussing classes for 2014. A letter will be sent home advising you of your child's class, classroom teacher and School Learning Support Officer, once these allocations have been made.

I wish to thank Kelloggs for their generous donation of cereal to the school's breakfast program, providing some of our students with a healthy start to their day.

Please keep Tuesday 17th December free, it is our Presentation Day and a celebration of our students' achievements.

Janelle Radke

Dates to Remember

Term 4

Return of raffle tickets and money

Friday 13th December 2013

Presentation Day 17/12/13

**Carinya School
Christmas Hamper
Guessing Competition**

The Parent Support Group from Carinya School will be holding a Christmas Hamper Guessing Competition. Tickets will be \$2.00 each.

Each child will be issued with Raffle Tickets a Book of 5 Tickets. If you require any more tickets they are available at school. These will be handed out very shortly.

The Guessing Competition will be drawn at **Carinya School Presentation Day on Tuesday 17th of December, 2013**. Prizes will include Christmas Hampers, Meat Tray Vouchers, Fruit Baskets and other Prizes.

This will be the School's main Fundraiser for 2013. Hoping you can support this Guessing Competition. All Money raised will be used to help purchase new equipment and resources for our school.

Can you please return money and tickets back to school by Friday 13th of December, 2013.

Many Thanks

Mrs Julie Colby
Parent/Carer Support
Coordinator

Class 1

This term class 1 farewelled Elias and welcomed Ren. The class is studying The Aboriginal People. We have been looking at their art works and have done some dot painting on bark. The boys have also learned about the "Digeridoo" and have had a turn at trying to play it.

Richard, Jenny and Claudia



Swim School 2013

During weeks 3 and 4 of term 4, 13 students attended swimming lessons at Bexley Swimming Centre. It was a fun and enjoyable experience. The swimming instructors were fantastic and we learnt a lot. We had a great time and would like to say thank-you to the swimming instructors and the Carinya staff who looked after us at the pool.



Swimming

A group of students from Carinya School attended swimming school this term. The lessons were held at Bexley Pool. All the students who attended learnt many new skills and on the last day a small test of what they had learnt was held. All students performed extremely well and demonstrated their knowledge of staying afloat and helping someone who was in difficulty in the pool.

The instructors who taught the students these skills were very pleased with their efforts, listening skills and great participation.

Well done Carinya



Positive Behaviour

This term in our Positive Behaviour lessons have been learning about Taming Anger. It is natural to feel angry sometimes, but it is not OK to lose control because we can hurt ourselves or other people. It is also hard to fix the problem when we don't have control of our emotions. Using the Stay Cool Thermometer, classes have been talking about what they look like and how they feel when they are calm (Blue Zone), when they start to get frustrated or anxious (Orange Zone) and then when they get really angry (Red Zone). They have also been working on their plan of what to do when they start to move up the thermometer so that teachers can support them and help them to cool down.

Many students are continuing to earn raffle tickets for following the school rules on the playground. The raffle ticket draw for a canteen voucher is very popular at Friday assemblies. Also popular is the Taxi of the Week award-remember to sit patiently and quietly while you wait and follow the taxi rules on your trip. Lastly, keep learning all 5 school rules and you too could win a \$5 canteen voucher! Good Luck!

When I'm Angry



- I keep myself safe
- I keep others safe
- I care for property
- I Stay Cool!



Don't Let Anger Be The Boss Of You!



Pumpkin Head Pizzas

8xmini flour tortilla wraps

1/3 cup tomato paste

2 cups of grated mozzarella

120g thinly sliced salami

extra-virgin oil, for brushing

Preheat oven to 200oC. Using a small sharp knife, cut each wrap into a pumpkin shape. Cut faces from 4 of the wraps and set aside.

Place the remaining 4 wraps on 2 large lightly greased baking trays lined with non-stick baking paper. Spread each base with 1 tablespoon of the passata and top with half the cheese. Divide the salami among the pizzas and top with the remaining cheese. Sandwich the pizzas with the 4 pre-prepared pumpkin-face wraps and brush with olive oil.

Bake for 10-12 minutes or until pizzas are crisp and golden. Makes 4.

